高明捷 博士

Dr. Gao, Jessie
(Assistant Professor)

研究方向(Research Area)：

旅遊休閒活動參與對健康及生活品質的促進

Recreation, tourism, leisure, and quality of life

兒童和青少年的休閒參與與身心健康

Leisure and wellbeing for children and youth

休閒參與與積極老齡化

Leisure and positive aging

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◇ JOURNAL PAPER

- **Gao, M**., Smale, B.*, Wells, E., & Redoschi, B. (Accepted). Moderating effects of recreation opportunities on the relationship between leisure and wellbeing among children and youth. Loisir et sociéte/Society and Leisure.
- **Gao, M.,** & Potwarka, L. R. (2021). Investigating the role of family travel and family functioning in promoting Chinese adolescents' subjective wellbeing. Journal of Leisure Research,52(4),487-507.DOI: 10.1080/00222216.2021.1927264. (SSCI)
- **Gao, M.,** Havitz, M. E., & Potwarka, L. R. (2020). Exploring the influence of family holiday travel on the subjective well-being of Chinese adolescents. Journal of China Tourism Research,16(1), 45-61. DOI: 10.1080/19388160.2018.1513883.
- **Gao, M.,** Chen, C. C., Huang, Y. C., & Lin, Y. H. (2019). Work and leisure in Taiwan: Examining the antecedents and consequences of work-leisure conflicts. Leisure Studies, 38 (1), 128-143, DOI: 10.1080/02614367.2018.1512646. (SSCI)
- Huang, Y. C., Chen, C. C. B., & **Gao, M.** (2019). Customer experience, well-being, and loyalty in the spa hotel context: Integrating the top-down & bottom-up theories of well-being. Journal of Travel & Tourism Marketing, 36(5), 595-611. DOI: 10.1080/10548408.2019.1604293. (SSCI)
- Berbary, L. A., Valtchanov, B. L., Torabian, P., **Gao, M.,** Miller, M. C., & Briscoe, C. L. (2018). Onto-epistemological and theoretical engagements through praxis and beyond: Comfort, crises, shifts, and re-groupings. Leisure Sciences, 40(3), 95-109. DOI: 10.1080/01490400.2017.1377125. (SSCI)

◇ BOOK CHAPTER

- **Gao, M.,** Chen, C. C., Huang, Y. C., & Lin, Y. H. (2024). Work and Leisure in Taiwan: Examining the Antecedents and Consequences of Work-Leisure Conflict. In H. Liu (Ed.), Leisure and Work in China (pp. 170-190). Routledge.
- **Gao, M.,** Havitz, M. E., & Potwarka, L. R. (2021). Exploring the influence of family holiday travel on the subjective well-being of Chinese adolescents. In M. Li & X. Lehto (Eds.), Family, Children, and Tourism in China (pp. 45-61). Routledge.

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◇ CONFERENCE PAPER

- **Gao, M.** & Smale, B. (2024, January). Can social leisure experiences mitigate the impact of loneliness on wellbeing emerging from COVID-19 pandemic? 7th World Research Summit on Tourism and Hospitality, Orlando, Florida, USA.
- **Gao, M.,** Smale, B., Wells E., & Redoschi, B. (2023, May). Relationship of leisure and wellbeing among children and youth during the COVID-19 pandemic. 17th Canadian Congress on Leisure Research (CCLR), University of Ottawa, Ottawa, ON, Canada.
- **Gao, M.,** & Smale, B. (2021, November). Responding and rebuilding residents' wellbeing during the COVID-19 pandemic: Evidence from Yukon's community wellbeing survey. Community Indicators Consortium 2021 Impact Summit, November 1-4. [Online].
- **Gao, M.,** & Smale, B. (2021, May). The moderating effect of leisure experience on the work- life conflict, mental health, and wellbeing relationship among employed adults. 16th Canadian Congress on Leisure Research (CCLR), University of Alberta, Edmonton, AB, Canada. [Online]
- Smale, B., Wilson, J., Akubueze, N., & **Gao, M.** (2021, May). The role of leisure in moderating the effect of social isolation on the well-being of older adults. 16th Canadian Congress on Leisure Research (CCLR), University of Alberta, Edmonton, AB, Canada. [Online]
- **Gao, M.,** & Smale, B. (2018, June). Family vacations: Potential benefits for the well-being of adolescents. International Society for Quality-of-Life Studies (ISQOLS) 2018 Annual Conference, June 14-16, Hong Kong SAR.
- Smale, B., & **Gao, M.** (2018, June). The contribution of arts participation to various aspects of community quality of life. International Society for Quality-of-Life Studies (ISQOLS) 2018 Annual Conference, June 14-16, Hong Kong SAR.
- Smale, B., **Gao, M.,** & Yu, J. (2018, September). Gender inequities in wellbeing over time: Selected evidence from the Canadian Index of Wellbeing. Community Indicators Consortium 2018 Impact Summit, September 17-18, Minneapolis, Minnesota, USA.

◇ RESEARCH PROJECT

- UNICEF Canada

  2022 to 2023 Siksika Child and Youth Wellbeing Survey

  2020 to 2021 "One Youth": The Canadian Index of Child and Youth Well-being Manitoba

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2022 to 2023 Profile of Wellbeing in Manitoba

- Yukon Territory

2020 to 2021 Profile of Wellbeing in Yukon

- Nova Scotia

2019 to 2020 Nova Scotia Quality of Life Initiative

- Wood Buffalo, Alberta

2019 Wood Buffalo Social Sustainability Plan

- Waterloo Region, Ontario

2022 Residents' Wellbeing after three years into COVID-19

2018 Wellbeing in Waterloo Region

- Bruce and Grey Counties, Ontario

2018 Bruce and Grey County Community Wellbeing Survey

- Orillia and Area, Ontario

2018 Orillia and Area Community Wellbeing Survey

- Oxford County, Ontario

2018 Oxford County Community Sustainability Plan

◇ CERTIFICATES AND AWARDS

- Certification in Hotel Industry Analytics, American Hotel & Lodging Educational Institute, American Hotel & Lodging Association.
- Fundamentals of University Teaching, University of Waterloo, Centre for Teaching Excellence.